



Track Map

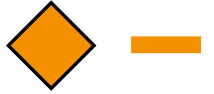
 **Askespåret 1 km**
 A track where children can challenge themselves in varied terrain. Adults can, of course, join in, but it is also possible to follow your child's progress from the stadium.

 **Platten 1 2,5 km**
 A flat and easy track with a gentle uphill section.

 **Skidskyttespåret ***
 Part of Idre Fjäll's competition tracks. A tough track for the well-trained, featuring highly challenging terrain. Meets top international standards.

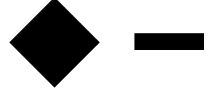
 **Femman 5 km**
 A track that begins with relatively tough uphill and downhill tracks, before flattening out.


 **Platten 2 * 5,5 km**
 Gently undulating with easier climbs and downhill sections. Offers beautiful views of Stådjan and Nipfjället.

 **Fjället runt 9 km**
 The track takes you around Idre Fjäll, offering beautiful mountain scenery and rolling terrain with views of Stådjan and all the alpine slopes of the resort.


 **Ångerspåret 7,5 km**
 Starts with relatively tough uphill and downhill tracks before becoming flatter. It follows the same route as the Miljöspåret, except for a shorter loop that follows the Burusjöspåret.

 **Miljöspåret * 7,5 km**
 Starts with relatively tough uphill and downhill track before becoming flatter.


 **Milen 11 km**
 A challenging track, ideal for improving your skiing fitness. Finish with an easy or difficult 10 km loop for an extra push.

 **Burusjöspåret 15 km**
 Runs through very scenic terrain with a steep climb a few kilometres in the middle of the route. Along the way, there's a waffle cabin and wind shelters where you can cook over an open fire. Enjoy beautiful views from several parts of the tracks.

 **Slättvålaspåret 20 km**
 One of our longest tracks, starting with an easy downhill section before branching off into its own route around the mountain. It mostly features gently undulating, sheltered terrain, but also includes some open sections ideal for double-poling. The track finishes with a few kilometres of uphill diagonal skiing.

 **Hemmeråsen runt 22 km**
 Our longest track that takes you around Hemmeråsen through vast stretches of untouched mountain nature. You'll pass the Himmelfjäll ski area before the track finishes with a steep climb back up to Idre Fjäll.

 **Ospårade fjällspår**
 Ungrooved tracks

 **Promenadspår**
 Walking trail 2 km

 **Upplyst spår**
 Illuminated ski track

 **Anslutningsspår**
 Connecting ski track