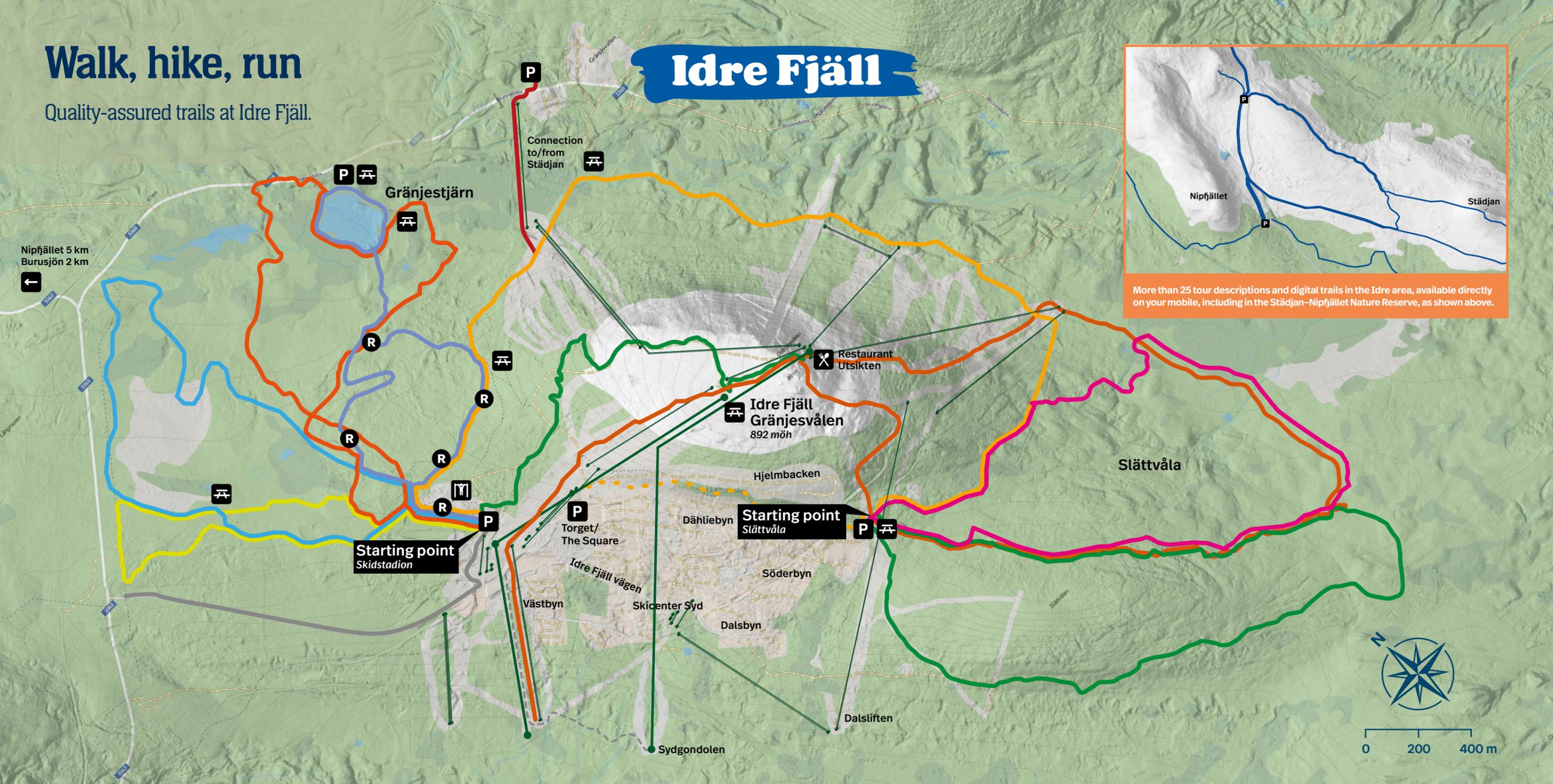


# Walk, hike, run

Quality-assured trails at Idre Fjäll.

# Idre Fjäll



More than 25 tour descriptions and digital trails in the Idre area, available directly on your mobile, including in the Stådjan-Nipfjället Nature Reserve, as shown above.

## Hiking trails

-  **Platten 2 – 5,5 km (easy hike)**  
Slight hilly gravel road with nice views towards Stådjan and Nipfjället.
-  **Fjället runt – 7,5 km**  
This gravel road takes you around Idre Fjäll in diverse nature.
-  **Idre Fjälls topp – 5,4 km**  
Climb to the top of Idre Fjäll and enjoy the view, 892 meters above sea level.
-  **Gränjestjärn – 5 km**  
Stroller, wheelchair or hiking boots? This is our most accessible hiking tour. Along the asphalt stretch, you will be sharing the path with roller skiers, so please be considerate and make room for them. A wide duckboard leads to the first shelter, after which the duckboard becomes narrower.

-  **Fjällskogsrundan – 5,3 km**  
A gentle hiking tour around Slättvåla surrounded by untouched forest.
-  **Tannenslingan – 4,5 km**  
The trail mostly runs through beautiful, slightly sparser forest. The ground alternates between forest path and gravel.
-  **Connection path to Stådjan**  
This connection brings you to the Stådjan- Nipfjället nature reserve.
-  **Asphalted, illuminated walk- and bike trail – 2 km**  
Asphalted, illuminated walk and bike trail, also suitable for roller skis.

-  **Walking trail Sydgondolen – 1,3 km**  
Walking path to Sydgondolen. Surface: steep gravel road and wide, smooth path that works for strollers. The last part is a multi-track shared with cyclists, please be considerate!  
Tip! Take the gondola up to the top of the mountain, enjoy the views and a coffee or lunch at Restaurant Utsikten.
-  **Roller ski track – 3,3 km**  
This trail is for roller skis and inline skates only. The track is 3.5 meters wide and runs towards Miljöspåret. Roller skis can be rented at the sports rental, Sportuthyrningen at Torget, the square.
  - All riders should proceed in a clockwise direction.
  - Slow riders – keep to the right.
  - Do not stop where visibility is low.
  - Do not leave skis or poles on the track.
  - Ski and skate with respect for your own safety and the safety of others.
  - Wear a helmet.
  - Be attentive as reindeers may appear on the track.

- ## Trail running and multi-trails
-  **Trail running Gränjestjärn – 6 km**  
A flat trail running loop that takes you down to Gränjestjärn and back on beautiful running trails, offering the most accessible and stunning views of Stådjan and Nipfjället.
  -  **Trail dreams – 6 km**  
A multi-use trail designed for both trail running and narrow, slightly technical mountain biking. A truly beautiful trail loop through ancient forest, but with a tough, steep finish.
  -  **East summit trail – 6,4 km**  
Challenging trail running with 263 meters of elevation gain straight up Ostbacken. After passing Restaurant Utsikten at the top, it's all downhill back to the starting point. Max heart rate guaranteed for those aiming for the fastest ascent!
  -  **West summit trail – 2,5 km**  
A vertical climb of 307 meters up the entire Västbacken.

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Scan the QR-code or visit [idrefjall.se/en/hiking](http://idrefjall.se/en/hiking)